

ARK VOYAGE



News Letter of Don Bosco Animation & Research Kendra, New Delhi

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Captain Speaks...



LAW OF ATTRACTION and GOD'S PLAN FOR YOU

God creates each human being with a plan, a mission in life. He sets all the powers in favour of this plan. But He also endows man with a special, unique gift, Freedom. On the other hand He also allows the powers of evil to exercise its influence on man. Man is ultimately free to exercise his freedom.

Freedom is most often misunderstood. People do not distinguish between 'caprice', and freedom. Caprice is an immediate wish or desire, a sudden change of mood, or behaviour. Freedom, instead is the ability to make one's own choice with due reflection and based on certain beliefs, or values. Mature freedom is when we decide to the rights things.

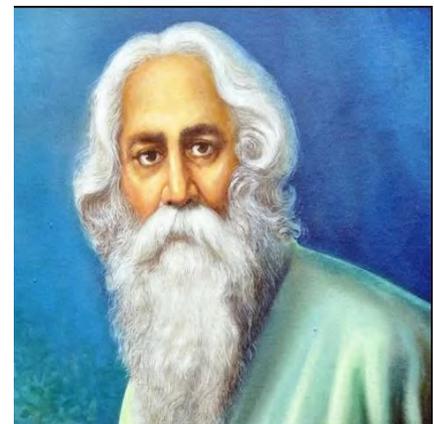
God has a plan for each one of us. Once you start discovering and pursuing His plan, the divine energy is released in support of your plan. At the same time the evil power releases, all his energy to dissuade man in his vocational fulfilment.

God in His divine plan has endowed man with free will, the exercise of which becomes the final factor in his salvation or other wise.



Mother trying to handle a capricious behaviour of her

Rabindranath Tagore gives beautiful illustration of what true freedom is. He says: 'I have a violin string on my table. I can take it and squeeze it in my hand. It is not playing the role of a violin string, the purpose for which it was made. I can take it and cut into pieces and put it into the garbage.'



Rabindranath Tagore





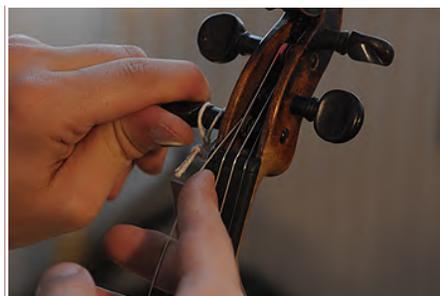
Captain Speaks...(Contd.)



Instead of making it reach its fullness, I have destroyed it. But I can also take the same violin string and fix it on a violin, tighten it, and use a bow on it and produce music, a melodious one at that, then, only then, is that violin string is truly free. It has performed the purpose for which it was made.'



A Violin String? Not



Being tightened on a Violin. Not yet a Violin string.



Now it produces music purpose for which it was created. Now a Violin String

It is the same with human beings. When God creates a human being, He has a purpose, a plan for each one. When a person realizes the true use of freedom, he cannot but choose the right, the good. This is what we call the gift of wisdom and discernment.

To understand this truth from a theological perspective, think of **God. He is the most free being.** He is Freedom, Himself. Yet, He cannot choose something evil. Evil is not part of Him. We are part of this Divine Being, but with a freedom that has not reached its perfect stage.

Looking at the Law of Attraction, more particularly the Law of Vibration, we may understand it further, when we **consider the concepts of angels and demons.** The angels are the positive vibrations around us. Among these vibrations, there is a particular 'Bubble' of positive vibrations, which we call the 'Guardian Angel'. We believe that God has provided this gift for every human being. Hence everyone has a Guardian Angel, who releases positive energy all the time to us. Unfortunately, the evil one too tries to copy this strategy. A demon, and at times, a legion of demons is set free to attack a human being who is at the verge of deciding between good and evil.

God, in His abundant goodness, has endowed man with the power to decide and choose between good and evil.

When a person aligns his/her expectations with the plan of God in his regard, the Laws of Attraction and Vibration converge, and release immense amount of energy that enable the person to reach his ultimate life goal. In the process he becomes enthusiastic (in God), when God's presence gets intensified in his/her life.

If we translate this understanding to politics and governance, **God has designed and planned Democracy as the goal of every government on earth.** He has placed a piece of truth, justice, and goodness in every person. When these are brought together and used for the development of humankind then it becomes a rule by the people, for the common good of all the people. Just as the misuse or the abuse of freedom in the case of individuals, the governments also can misuse the concept of Democracy.

☀ Captain Speaks...(Contd.)



Abuse of Democracy starts, in the first place, by getting into power by all types of foul means – corruption, false promises and propaganda, use of modern machines like the EVM, using foreign interference even from Ukraine, etc. Once in power, use all means to suppress the freedom of thinking and expression. The evil powers win the day, but of course, for a short while! Dictatorship in governance is like caprice in the use of personal freedom.

Often there is a **tug-of-war between the forces of good and evil**. The winning factor is the ‘will power’ that God has given us. If we use it to join the forces of Good, you win for all eternity. Instead, if we use it to join the evil forces, you win for a time but in the long run, you lose it forever.

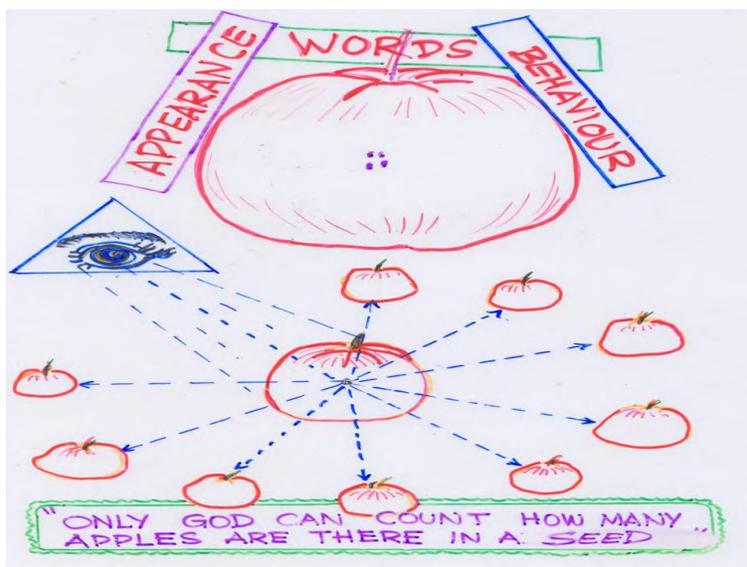


When you exercise your free will in favour of the Good, You Win!

When you exercise your free will in favour of the Evil, You Lose!

When individuals and rulers come in close contact with the Almighty, true empowerment takes place. He is able to awaken in man the gifts that He has endowed him with. Further man learns to develop and multiply these gifts that God has implanted in him.

This process may be better understood with the following illustration. **If you cut an apple open, you and I can count the number of seeds in that apple. But only God can count the number of apples a seed can produce.** It is the same with human beings. We cannot discover all the God-given gifts in us by ourselves, but when we allow the Good spirit, the Guardian Angel, to empower us the divine gifts in us are activated, and brought to fruition. Further, the continued presence of the Good Spirit enables us to deploy these gifts in His service for the betterment of humanity.



God has a plan for each one. He endows us with the necessary talents.

☀ Captain Speaks...(Contd.)



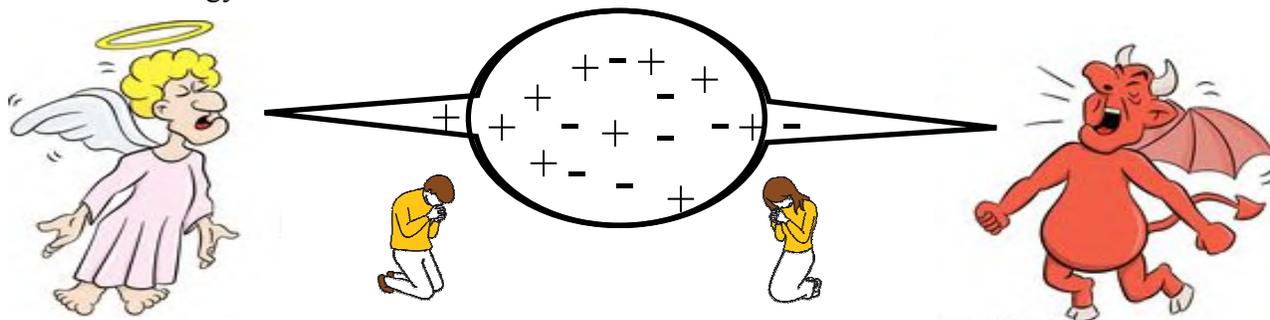
In following the Plan of God in one's regard, it is important to develop the **ability to discern between the good and the evil**. Choice between the good and the evil is not a done deal. In fact, it is a continuous process. The evil is always at work. So too, the good is present always. The real difficulty comes when the evil presents itself as good. This confusion is well brought out in **the film: 'Oh, God! You Devil'**.



Devil has always tried to be like God. Man gets confused and falls a prey to the Devil

In this film, **George Burns acts both as God and Satan**. As Satan, he talks like God, appears like God, dresses like God. He even claims to shower success and riches to the one who is ready to choose him instead of God. It is indeed very difficult to make out when is he acting as God, and when as Satan. Satan always wanted to be like God. In this pursuit of Satan, man is the victim, who falls a prey to the pride of Satan.

In the final analysis, **there are positive and negative waves in the universe**. It is left to the man to use either of these waves towards the fulfilments of God's plan in his favour. Hence the use of his free will becomes the crux. At the same time the good will of man in the of his pursuit his journey towards his destination makes him aware of his dependency on God and he surrenders himself to the Almighty. This surrender awakens in him a deeper faith in God and his awareness of the need of approaching God in prayer to deepen his faith. Man goes through this reciprocal process of deepening one's faith through prayer, and praying in faith enables him to achieve God's plan in His fullness to God's plan in its fullness. A man fully human and fully alive is the glory of God. Understanding God's plan in His regard, and pursuing it releases additional energy which makes him reach his Vocational Fulfilment.'



Fr. Joe Arimpoor, sdb

PARENTS EMPOWERMENT PROGRAM (PEP) and YOUTH ANIMATION PROGRAM (YAP)



Institutions : St.Paul's School
Place : Bhopalpura,Udaipur,
Rajasthan
Program : PEP
Dates : 8th & 9th July
Animators : Chandra Sekhar Nayak
Participants : 70 Parents

Institutions : St.Paul's School
Place : Bhopalpura, Udaipur, Rajasthan
Program : YAP
Dates : 4th - 10th July 2019
Animators : Sekhar Nayak,Sneha Saji, Simran,
Sumita Lakra, Himanshi Singh
Participants : 900 students

Parents' Role in Education

Mr. Sekhar explained the concept of "Unconditional Love" through 'The Five Love languages' of Gray Chapman.



An energized mind is a receptive mind

Both the Bishop and the Principal of the School were happy with the theme of the Seminar for the parents.

This Seminar was an attempt in the triangular approach in the mission of Education where Parents, Teachers and the Management work together in a concerted effort.

Language of Love is the basis of an effective educational program. It all begins with the Couple Love moving on to Parental Love and to Educators' Love.



Parents listening to Mr. Sekhar enthusiastically

Self Esteem enhances the quality of life through Good Relationship.

The depth of Self Awareness produces insights which propels the students to initiate efforts towards proactive action leading to ethic of character.

The sessions on 'Me and My Family,' and 'Me and My Friends lay the foundation for a healthy and happy relationship in adult life.'



The Animators captivate the attention of the students



Students get insights through role plays.

RELIGIOUS ANIMATION PROGRAM (RAP)

Institutions : Trichur Archdiocese
Place : Trichur, Kerala
Program : Pastoral Effectiveness
Dates : 17th-27th July 2019
Animator : Fr. Joe Arimpoor, sdb
Participants : 217 Priests.

Institutions : PAROC
Place : Trichur, Archdiocese, Kerala
Program : Review of the Research Center
Dates : 23th & 26th July 2019
Animator : Fr. Joe Arimpoor, sdb
Participants : 7 Members.

Pastoral Effectiveness to Shepherding Greatness



A Research Centre in Archdiocese

Kudos to Archdiocese of Trichur, perhaps the only diocese in India that has got a Research and Animation Centre in a diocese in India.

After functioning for three years the Research team came together to review and plan out more effective strategies to take the centre forward.

Fr. Joe Arimpore sdb was extremely happy to see a diocese setting up an R & D Department for a diocese. He has been a promoter of such initiative in a diocese.

Arch Bishop Andrew Thazhath Addresses the priests of the Diocese

It was a very appropriate strategy that the Arch Bishop chose to renew the whole Arch Diocese by having an annual renewal program.

Fr. Joe Arimpoor sdb, the Director of DBARK in animating this group with the theme of 'From Pastoral effectiveness to Shepherding Greatness'.



Priests are fully engaged in developing ways and means to accompanying their flock more effectively



The Research Team of PAROC



Auxiliary Bishop Tony Neelamkavil was the brain behind this initiative. Now he is eager to make it function in such a way that it becomes the heart of the Archdiocese.

The team was eager to develop a plan of action for the coming five years to take the Archdiocese to greater heights.



PYYAR MOVEMENT

Institution : World Vision Khadar and Notre Dame School

Program : Live in Experience (LiE)

Dates : 13th July 2019

Animators : Himanshi Singh, Assuntha, Ajay Behera

Participants : 4 students

Another World is Being Born!

PYYAR Movement reached new milestone where the Privilege youth ha experienced the life of Yong at Risk. It was a big challenge for PYYAR Team to break the barrier of caste and class. The Parents cooperated in this venture by going out of their way to welcome the children and make them feel at home. The movement looks forward to many more parents and children welcoming their friend and sharing their Love.

YAR Children Welcoming her PY Friend into her House

Children were so happy to meet each other. YAR children welcomed their friends and won them over with good hospitality. Mrs. Ambika Manager in World Vision, Gautampuri with Mr Rakesh coordinator accompanied YAR Children. They facilitated the activities and they encouraged our PYYAR work.



Komal (YAR) & Vani (PY)

PYYAR Live In Experience program conducted on 13.7.2019 at Gautampuri Khadar. YAR children of World Vision invited their friends of Notre Dame School(NDS), Badarpur. Alan and Vani from NDS came with their father and spent quality time with their counterparts. NDS children gave some gifts and shared lunch with them.



Alan Jacob(PY) & Rohit (YAR)

**Face To Face
Interaction
in Groups
(FIG)**

SPECIAL PROGRAM



Institution : DB ARK
Program : DBA Salesian Community Welcome
Dates : 12th July 2019
Participants: Fr. Joe, Fr. Swanoop, Fr. Bimal,
Fr. Bhushan and Bro. Anup and
DB ARK Family

**The DBA Salesian Community with the
DBARK team**



**Fr. Rector and the members of the
community were presented with a
token of appreciation**



It is an Annual feature at DBARK to invite the Salesian community and update them with the different departments and the functioning of the centre.

The members appreciated the unique contribution that DBARK is making to the province and particularly to the community.



You may

1. Draw the cheque in favour of: "Don Bosco ARK" or
2. You can transfer the money to: AC Name: Don Bosco ARK,
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